Question 6

Does your house help with indoor air quality?

	SELECT ALL THAT APPLY	ADDITIONAL INFORMATION	RESOURCE / LINKS
4 POINTS	I have a properly sized and configured kitchen exhaust fan taking fumes to the outside.	 Cooking fumes and gas stove combustion gases are major sources of indoor air pollution that are unhealthy to inhale. A properly exhausted kitchen is important 	Calculate Hood Size
3 POINTS	I have a fresh air intake for my A/C.	 An efficient home that doesn't waste energy has an air barrier around the perimeter that stops air leakage With air leakage stopped, fresh air is needed to feed the AC especially when exhaust fans are drawing air out of the house. 	 Choosing Between a HRC and an ERV Why Fresh Air Intake? Fresh Air Intake for AC
2 P O I N T S	I have high performance air filters, change them on schedule, and vacuum weekly.	 Standard air filters prevent larger particles from clogging up your AC unit, but high performance filters prevent smaller particles from going into your lungs. Change your filters regularly. 	 Improving Indoor Air Quality Whole House Ventilation Give the Air in your Home a Spring Cleaning Best Vacuum Cleaners Air Filter Info
1 P O I N T	I have exhaust fans in my bathroom and check for excess moisture frequently.	 Moisture build up in your bathrooms can create untold air quality problems. Exhaust fans need controls that are either timers or have moisture sensors so they will do their job and turn themselves off when their job is over to save electricity. 	 Indoor Air Quality Best Practices In Post - Construction Environments Best Exhaust Fans Exhaust Fan Switches